



FIRST NATIONS PARENTS CLUB

First Nations Parents Club Conference

February 4 & 5, 2020
Sheraton Vancouver Airport Hotel, Richmond, BC

Welcome to the First Nations Parents Club Conference, an event dedicated to supporting parents and the role they play as their child’s first and most important educators. Learning and sharing together, we will explore how the efforts of families make an impact on the lives of our children and their educational journey. We hope that you enjoy the conference and invite your feedback on the work of the Parents Club.

Our conference theme, *Survival, Dignity and Well-being of our Children and Communities*, references the United Nations Declaration on the Rights of Indigenous Peoples (UN Declaration). On November 26, 2019, the Government of British Columbia passed legislation to implement the UN Declaration, making BC the first jurisdiction in Canada to do so. The new legislation provides a legislative framework for recognizing the constitutional and human rights of Indigenous peoples and aligning BC’s laws with the internationally-recognized standards of the UN Declaration, as well as the legal rights of Indigenous peoples.



Our Keynote Speaker, **Chief Dr. Robert Joseph**, is a Hereditary Chief of the Gwawaenuk First Nation. A speaker of the Kwakwaka’wakw language, Chief Joseph is an eloquent and inspiring Ceremonial House Speaker. He shares his knowledge and wisdom in the Big House and as a Language Instructor with the University of British Columbia. He is an internationally recognized art curator and a co-author of *Down from the Shimmering Sky: Masks of the Northwest Coast*.



First Nations Parents Club

Toll-free in BC: 1-877-422-3672 F: 604-925-6097 parentsclub@fnesc.ca
Coordinated by the First Nations Education Steering Committee & First Nations Schools Association



Enjoying the Conference

Location, Parking, and Transit

The conference venue is Sheraton Vancouver Airport, 7551 Westminster Highway, Richmond, BC ([map](#)).

Register your license plate for complimentary parking during the conference: <https://bit.ly/2GDMNZy> Please note that parking is not reimbursable.

The Canada Line rapid transit line is a great option for getting around. It is just an 8-minute walk to Richmond Brighthouse Station from the hotel.

Workshops

Workshops are listed on your nametag. You do not need to confirm workshop changes with staff. Those who are registered for the workshops and arrive on time have priority for seating and materials.

Nametags

Your nametag is your meal ticket so please have it with you each day of the conference.

Meals

Buffet breakfasts and lunches with a variety of food options are included. If you have any difficulty finding appropriate food selections or have questions relating to food allergies, please contact one of the hotel serving staff on duty.

Photography

FNESC and the FNSA will be taking photos for use in our publications. Please advise us at the registration desk if you would prefer to not be photographed.

Scent-free

For the sake of those who are sensitive to fragrances, please refrain from wearing scented products.

Post-Conference Resources

After the conference, find a link to workshop handouts and other resources at <http://www.fnsa.ca/parents-club>

SCHEDULE

February 4, 2020

MC: Deborah Jeffrey, Executive Director, FNEESC

8:00 am Registration and Hot Breakfast

8:45 am Welcome to the Territory, Tsitsáyxemaat
Rebecca Duncan, Squamish and Musqueam Nations

9:00 am Opening Remarks, Tyrone McNeil,
President, FNEESC

9:20 am What's New in First Nations Education?

9:50 am FNEESC Keynote Address, Chief Dr. Robert
Joseph, Reconciliation Canada

10:15 am Break

10:30 am Workshop Session 1

1A Minoru D Making Math Real and Fun!

1B Minoru B Parent Advocacy

1C Minoru C Keeping Kids Safe from Human Sex
Trafficking

1D Minoru A Caring For Our Kids, A Trauma-
Informed Approach

12:00 pm Hosted Lunch

12:45 pm Workshop Session 2

2A Minoru C Keeping Kids Safe from Human Sex
Trafficking

2B Minoru A Come Read with Me for
Preschoolers

2C Cedarbridge Career Journeys: Planning for
Secondary School and Post-Secondary

2D Minoru B Parent Advocacy

2:15 pm Break

2:30 pm Workshop Session 3

3A Minoru D Making Math Real and Fun!

3B Minoru B Reading and Talking Together
(Ages 5 – 10)

3C Cedarbridge Career Journeys: Planning for
Secondary School and Post-Secondary

3D Minoru A Caring For Our Kids, A Trauma-
Informed Approach

4:00 pm (end of the day)

February 5, 2020

MC: Jan Haugen, Senior Manager, Executive Services
and Partnerships, FNEESC

8:00 am Hot Breakfast

9:00 am Opening Remarks, Christian González
Becerra, Manager, Local Education Agreements

9:30 am School Attendance: We Can Make a
Difference, Lauranne Hutton, Manager, First Nations
Schools Programs

10:00 am Break

10:15 am Workshop Session 4

4A Minoru A K'ukwala: Working Cedar Bark

4B Cedarbridge Career Journeys: Planning for
Secondary School and Post-Secondary

4C Minoru C EASE: Understanding and
Supporting Children Who Struggle With Anxiety

4D Minoru B Social Media 4 Parents

11:45 am Hosted Lunch

12:30 pm Workshop Session 5

5A Minoru D Parent Skill-Building in First
Nations Language Learning

5B Minoru A K'ukwala: Working Cedar Bark

5C Minoru B Social Media 4 Parents

5D Cedarbridge School Attendance: Making a
Difference Together!

1:55 pm Break

2:00 pm Workshop Session 6

6A Minoru D Parent Skill-Building in First
Nations Language Learning

6B Minoru A K'ukwala: Working Cedar Bark

6C Minoru C EASE: Understanding and
Supporting Children Who Struggle With Anxiety

6D Cedarbridge School Attendance: Making a
Difference Together!

3:20-3:30 pm Closing and Door Prizes

WORKSHOPS

(alphabetical)

2C 3C 4B Career Journeys: Planning for Secondary School and Post-Secondary

Jo Chrona, Curriculum Manager, FNEESC

It is never too early – and never too late – to begin thinking carefully about where our students want to go in terms of their career path and the education they need to get there. The recently updated Career Journeys Guide for families and students was developed to provide tools and information to help teens plan for secondary and post-secondary education so that they are ready to pursue their career goals. See the new resource and hear the latest about secondary school graduation requirements and post-secondary planning.

1D 3D Caring For Our Kids, A Trauma-Informed Approach

Angela Murphy, Author, School Psychologist and Trauma Coach - Sts'ailes Community School

Angela Murphy has worked alongside children and families from Sts'ailes Community School for 10 years. She is an educator at heart, and loves sharing her stories and knowledge of specific interventions that work for our kids (through Dr. Chuck Geddes' Complex Trauma Model). Although this workshop focuses on how chronic stress affects the brain as well as on interventions for children who have experienced trauma, ALL children and parents would benefit from the interventions that will be discussed. For example, in order for a child to learn how to regulate their emotions they need the support and presence of a loving caregiver (that's you!). We will be discussing this and many more effective strategies to help children deal with stress.

2B Come Read with Me for Preschoolers

Deanne Zeidler, Senior Speech Language Pathologist, FNEESC

In this interactive workshop, you will learn more about child language development amount growing learners (aged 0 – 4) and how you can support language skills and build reading readiness through shared book reading. Learn more about the stages of early literacy development. You will have the opportunity to choose a book and learn new ways to read together with your young child.

4C 6C EASE: Understanding and Supporting Children Who Struggle With Anxiety

Dean Heald, Special Education Program Coach, FNEESC

Anxiety is the most common mental health challenge there is and is likely to affect every individual at some point during their life. The good news is that there

are many effective strategies that have been shown to positively impact people who struggle as a result of anxiety. Parents and caregivers who approach these challenges with understanding, while at the same time modelling self-regulatory strategies, are in the best position possible to support the anxious child. The goal of this workshop is to increase understanding of anxiety, its causes, and potential impacts as well as to offer parents and caregivers a mix of practical evidence based approaches to best support their children when anxiety impacts their happiness.

1C 2A Keeping Kids Safe from Human Sex Trafficking

Cpl. M.H. Marlies Dick, Provincial Counter Exploitation Unit, RCMP

Constable Rebecca Munro, Provincial Missing Persons Indigenous Liaison, RCMP

What is human trafficking? Why does it happen? Where do traffickers meet the victims? What are the indicators and warning signs? Learn the answers to these questions and more from veteran RCMP officers Corporal Marlies Dick and Constable Becky Munro. Using a combination of presentations, videos and Q&As, this workshop will equip you to start the conversation with your children and Parents Club about human trafficking and how to protect children from this danger. *Due to the sensitive nature of this topic, participant discretion is advised.*

4A 5B 6B K'ukwala: Working Cedar Bark

'Nalaga - Donna Cranmer, Namgis Educator / Weaver,

Gwant'ilakw Hunt Cranmer

'Nalaga Donna Cranmer and her daughter Gwant'ilakw Hunt Cranmer will share methods of working with cedar bark to create a cedar bark diagonal woven K'ukwala, which is a bracelet with a glass bead and button clasp. The Kwakwaka'wakw (Kwakwaka'la-speaking people) see the magnificent cedar tree as the life-giver. Every part of the tree was traditionally used to help create a healthy life, for example, wood was used for houses and canoes, bark for clothing and regalia, roots and withes for containers and rope. The cedar bark K'ukwala is a project that all ages can participate in.

1A 3A Making Math Real and Fun!

Holly Smith, Director, Special Education Program, FNEESC

This workshop will give participants the opportunity to try out math games that are fun, motivating, educational, and teach skills needed in today's world. Parents will learn how to engage their children in playing games to build these critical numeracy skills. Participants should be ready to move around and participate in a fun filled session. Parents will be able

to build upon tools they already possess to use with their children to reinforce that math is not only theoretical, but practical, necessary, and fun.

1B 2D Parent Advocacy

Andrea Sinclair, President, BC Confederation of Parent Advisory Councils (BCCPAC)

John Gajptman, Chief Executive Officer, BCCPAC

Students benefit when parents/guardians understand the three Rs - Roles, Responsibilities and Rights - within the school community. This session will focus on helping you understand how to navigate the system; understand the process, protocols and procedures of the school district when advocating for your child; why positive relationships with teachers and administrative staff at the school level are important; and clarity on the roles and responsibilities of all involved. Attendees will learn how the School Act provides the right to appeal decisions affecting the education, health or safety of students in the K-12 public education system.

5A 6A Parent Skill-building in First Nations Language Learning

Jacqueline Jim, Manager, First Nations Schools Languages Curriculum, FNEESC

This workshop for parents will focus on adult language learning and providing background about language revitalization efforts in BC. Participants will reflect with a self-assessment and be introduced to effective learning and teaching strategies, including case studies of immersion programming and other successful language programming. The workshop will end with participation in a brief immersion language lesson demonstration of the First Nations Language Essentials curriculum in the SENĆOŦEN language.

3B Reading and Talking Together (Ages 5 – 10)

Deanne Zeidler, Senior Speech Language Pathologist, FNEESC

Reading and talking together has many benefits for children. In this workshop for children ages 5-10, learn more about how you can support the development of literacy and language skills through shared book reading at home. You will learn about phonological awareness and 'how words work' paired with activities that you can use to support growth of this skill for both reading and spelling.

5D 6D School Attendance: Making a Difference Together!

Lauranne Hutton, Manager, First Nations Schools Programs, FNEESC

Barb Kavanagh, Research Advisor, FNEESC

Daily attendance is a key component of student success. Learn about the impact of attendance on student achievement and what you can do to support your child's education. We will explore practical tips for getting children to school on a regular basis and brainstorm creative ways that communities and Parents Clubs can encourage attendance excellence.

4D 5C Social Media 4 Parents

Melanie Miki, BC Teachers' Federation

Our children need guidance to ensure their online experience will be safe. Your child has easy access to a very public place, which is quickly changing. Keeping current on new ways that social media is being used by our children is a daunting task. This workshop will provide an overview of the jargon, the risk, and how to explain the importance of Internet safety to your child.

Sheraton Vancouver Airport Hotel



Westminster Hwy